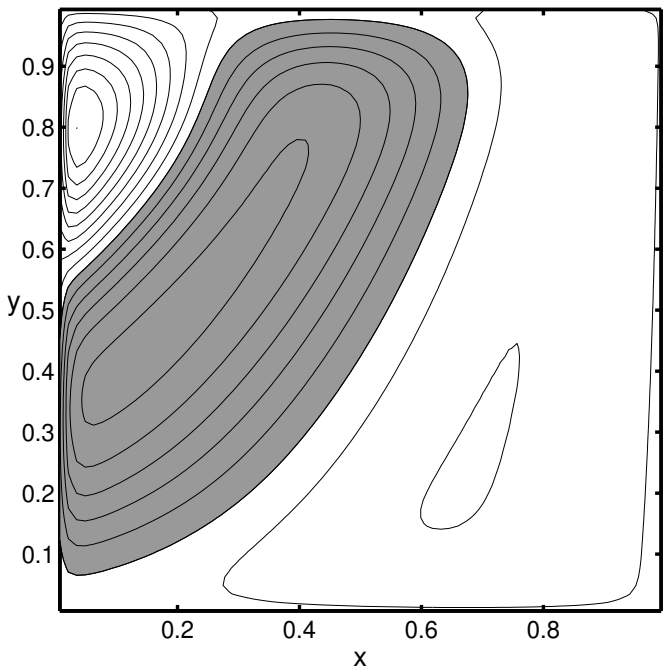
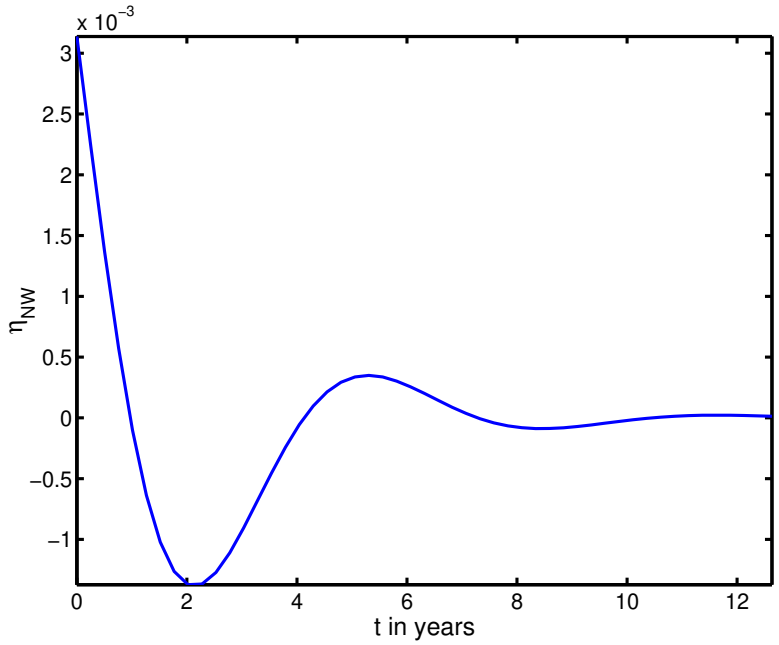
Atmosphere/ocean coupling

η changes τ through global heat and mom. balance.

A quick-and-dirty model:

$$\tau^x = \mu \cos \pi \frac{y}{L} < \eta >_{west, y=L/2} \cdot$$

Without coupling the gravest mode is damped: